

St. Patrick's College Medical Care

St. Patrick's College is committed to providing a healthy and safe environment for students and staff alike and hope that students will display self-discipline and behaviour appropriate to a campus community learning and working together.

In the event of an accident on the College premises students should notify a staff member. In addition, one must complete an Accident/Incident Report Form available from the office of the Registrar and return it within one week of the accident.

The doctor assigned to St. Patrick's College campus is Dr. James Moloney whose surgery is based in Thurles; "Alverno", Friar St., Thurles. Phone: (0504) 21489.

Counselling

Counselling is a specialist service offering a safe confidential environment in which to explore and discuss any personal issues, worries or concerns. A person who attends a counsellor/therapist is usually seen for an hour, weekly or fortnightly. The counsellor listens carefully in a non-judgemental manner and will ask some clarifying questions. At its best counselling is encouraging, optimistic, respectful and empowering.

The aim of counselling is to empower the individual to bring about the positive changes they desire in order to reach their full potential by identifying and applying their own strengths and resources in order to resolve their difficulties. It is a respectful collaboration rather than advice giving. Ultimately, change comes about through talk and exploration leading to greater self-understanding and freely chosen personal responsibility. Counselling is therefore a creative process of learning during the difficult times in our lives.

If you wish to make an appointment or have an informal chat, in the strictest confidence, about the counselling service offered at St. Patrick's College please contact Catherine McCormack, at 0504-21201.